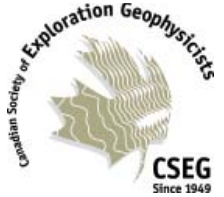




21st Annual CSPG/CSEG 10K/5K Road Race and Fun Run

Wednesday, September 16, 2009



The race begins and ends at the Eau Claire YMCA, and is an out and back route along the Bow River pathway. There is a 75 min cut off time.

Entry Deadline: Registration Deadline 12:00pm, Friday, September 11, 2009. Maximum 200 participants.

Categories and Awards (awards for 10 Km race only):

- 10 Km 5 Km
 29 years and under 30 – 39 years 40 – 49 years 50 years and above
 CSPG CSEG CAPL Member # _____ Non Member CSPG-CSEG Student

Name: _____

Company: _____

Address: _____

Phone (daytime): _____

Phone (evening): _____

Email: _____

- Male Female Age on Race Day: _____

Please note: A Waiver must be signed by EACH participant 1 day prior to the Road Race and Fun Run. A waiver form will be distributed to you once your registration form has been processed. If a waiver is not signed prior to the race, your registration will be removed from the race.

All registrations must be accompanied by full payment. Registration will be accepted on a first-come, first-paid basis until September 11, 2009. All entries are non-refundable and non-transferable.

- \$ _____ 35.00 Member (CSPG, CSEG, CAPL)
- \$ _____ 25.00 Student (CSPG, CSEG)
- \$ _____ 45.00 Non-Member
- \$ _____ 20.00 Extra Meal Ticket
- \$ _____ TOTAL (GST Included. GST # 118836295)

VISA MC Cheque/Money Order (Payable to CSPG)

Card Number: _____ Expiry: _____

Name of Cardholder: _____ Signature: _____

Registrations to be sent to:

Canadian Society of Petroleum Geologists
 Attn: 10K/5K Road Race & Fun Run
 600, 640 – 8 Avenue SW
 Calgary, Alberta T2P 1G7
 Phone: (403) 264-5610 Fax: (403) 264-5898



**CANADIAN SOCIETY OF PETROLEUM GEOLOGISTS
CSPG-CSEG 10K/5K ROAD RACE AND FUN RUN WAIVER**

**WARNING: BY SIGNING THIS DOCUMENT YOU WILL WAIVE CERTAIN LEGAL RIGHTS
INCLUDING THE RIGHT TO SUE. READ IT CAREFULLY!**

In consideration of the Canadian Society of Petroleum Geologists ("CSPG") allowing me to participate in the CSPG-CSEG 10K/5K ROAD RACE and FUN RUN, I waive any and all claims that I have or may in the future have against, and release from all liability and agree not to sue, the Canadian Society of Petroleum Geologists ("CSPG"), any of their directors, officers, employees, servants, agents, representatives, volunteers, (collectively the "Personnel"), as well as other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used for the CSPG-CSEG 10K/5K ROAD RACE and FUN RUN for any personal injury, death, property damage or other loss that I sustain during or as a result of the CSPG-CSEG 10K/5K ROAD RACE and FUN RUN due to any cause whatsoever on the part of anyone or more of CSPG, the Personnel or others, including:

- a. **Negligence** (the meaning of which includes failure to use such care as a reasonable, prudent and careful person would use under similar circumstances and failure to meet standards of care in field trips in the Province of Alberta for the safety of participants);
- b. **Breach of any other duty imposed by law**, including any duty imposed by occupiers liability or other legislation;
- c. **Breach of any contract**; and
- d. **Mistakes or errors in judgment** of any kind.

I am aware of the risks inherent in the CSPG-CSEG 10K/5K ROAD RACE and FUN RUN and that the risk of injury increases with changing/extreme weather and fatigue. I will take precautionary measures to dress appropriately and educate myself on these condition to reduce risk. These risks include, but are not limited to:

- a. **Personal Fitness Level:** I am aware of the risks of possible injury resulting from physical exercise. I am aware that I should not enter and run unless I am medically able and properly trained. Injury from running this race can result from:
 - Exerting and injury to various muscle groups, tendons, bones and joints;
 - Strenuous cardiovascular workouts.
 - Physical Exhaustion, dehydration or hyponatremia (low blood sodium)
- b. **Weather:** I am aware of the risks of possible physical illness or injury resulting from variable weather conditions.
 - High heat/humidity (Heat Exhaustion, Heat Stroke, dehydration or hyponatremia);
 - Rain (hypothermia);
 - Cold (hypothermia and/or frostbite).
- c. **Contact with the road, trail, path users, permanent path structures and other racers:** I am aware that by participating in this race there is a possibility of bodily injury, partial or total disability, paralysis and/or death which may arise from being struck by, colliding with or falling upon:
 - The road/trail surface (conditions can be affected by weather);
 - Other racers, traffic, pedestrians, cyclists, in-line skaters; domestic (i.e. dogs) and wild animals;
 - Park benches, lamp posts, garbage cans, bridge supports, railings, trees and shrubs;
- d. **The Road Race is on a public pathway:** I am aware of the risks arising from the use of a public pathway and that other users present on the pathway may increase the possibility of injury from:
 - Variations in path/road surfaces;
 - Traffic where race path parallels the road
 - Collisions with path users including: pedestrians, cyclists, in-line skaters, dogs and wild animals
 - Collisions with permanent features along pathway including: park benches, lamp posts, garbage cans, bridge supports, railings, trees and shrubs
- e. **Due to the social aspect of this race I realize that I am responsible for conducting myself in a professional and appropriate manner:** I am aware of the dangers and hazards of:
 - Eating food prepared by the race venue;
 - Consuming alcoholic beverages.

I assume and accept all the risks and dangers of the CSPG-CSEG 10K/5K ROAD RACE and FUN RUN and the possibility of personal injury, death, property damage or other loss as a result. I willingly accept these risks and agree to the terms of this CSPG-CSEG 10K/5K ROAD RACE and FUN RUN Waiver, even if CSPG or any of the Personnel are found in law to be negligent or in breach of a duty of care or any other obligation to me in their conduct of any CSPG-CSEG 10K/5K ROAD RACE and FUN RUN.

In signing this CSPG-CSEG 10K/5K ROAD RACE and FUN RUN Waiver, I am not relying on any oral, written or visual statements of any kind, including promotional statements made by CSPG in its brochures or by any of the Personnel to induce me to enter the CSPG-CSEG 10K/5K ROAD RACE and FUN RUN.

I confirm that I am the full age of Eighteen (18) years, that I have had sufficient time to read and understand what I am agreeing to in this CSPG-CSEG 10K/5K ROAD RACE and FUN RUN Waiver before signing it and that it will be binding upon my heirs, next of kin, executors, administrators and successors.

I agree that the CSPG-CSEG 10K/5K ROAD RACE and FUN RUN Waiver and the agreements it contains will be governed in all respects by and interpreted in accordance with the laws of the Province of Alberta and I hereby irrevocably attorn to the jurisdiction of the Courts of the Province of Alberta.

Signed and witnessed this _____ day of _____, _____

Signature of Witness

Signature of Participant

Print Name of Witness

Print Name of Participant

Print Address of Witness

Emergency Contact and Telephone Number

Emergency Contact's Relationship with the Participant